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Carmel Valley Sun

FREE

June 11, 1986 — June 25, 1986

Photo by Debi Effron.

Swimming, record breaking meet.
— Page 3

Town Hall meeting set on "Plan".
— Page 7

Eating has changed over the years.
— Page 8

LETTERS

Too High A Price

I am writing to express my concern over the intersection of Carmel Valley Road and Boronda Rd. The Sycamore and Eucalyptus trees at that intersection are indeed pretty, but they create a very dangerous traffic hazard.

The trees are dangerously closer to the highway than federal safety standards prescribe, and it is extremely difficult to see oncoming traffic when pulling out from Boronda Rd. Furthermore, practically no motorists drive within the posted 35 mph speed limit at that point on Carmel Valley Rd.

Over a year ago, I was one of 200 residents that met to express our views on the trees. I was in the minority when I stated that the intersection was unsafe. I was literally booed down by people who see only the tranquil beauty of the life-threatening trees, and do not see the real danger of that section of Carmel Valley Rd.

Subsequent to that meeting, my son was a passenger in a vehicle that was involved in an accident at that intersection. Luckily, nobody was hurt, although both vehicles were destroyed.

I am a strong believer in prevention whenever possible. I think we should listen to Bruce McClain, Monterey County Public Works Director, and apply for a $45,000 federal highway safety grant to bring that section of Carmel Valley Rd. up to federal safety standards and remove some of the trees.

Even removing a few of these trees will help safety. The trees are lovely, but if one life is lost because of them, it is too high a price to pay.

Cynthia B. Hall

There IS Hope

Cheers for the fifth grade class of Jen Simmons at Tularcitos School.

It's always great when the old folks decide not to toss trash or even to go so far as to pick up the stuff left by the thoughtless and unconcerned. However, when young people take a stand for cleanliness and dig in their own pockets to buy a trash can for their school grounds so that all can easily deposit their trash, NE Walker sees hope for our future here on earth. It's a real kick!

NE Walker

HUNGER IN
AFRICA

Over 12,000,000 people die each year of hunger and starvation. The end of hunger is now foreseeable; it is do-able. Therefore the challenge must be met. The end of hunger is an idea whose time has come.

The following businesses in Carmel Valley and the Monterey Peninsula have contributed funds as a demonstration of their stand for the end of hunger.

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Will's Fargo Restaurant—Barbara Faye
Gamble's Flower Farm
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Sweet Baby Dreams—Steven Bergman
Carmel Valley Natural Foods—Mary Roberts
Carmel Valley Market—Randy Randazzo
Results Unltd.—Business Service—Claudia Culver
Judy Tatelbaum—author, psychotherapist
Susan Bloch-Farrington—fashion designer representative
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Barry Hartzel—Automotive Services

"Thank you."

Shelly Gordon, member of the **Hunger Project**
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Interstate Wine Sales Bill Headed For Final Assembly Committee Hearing

A bill by Assemblyman Eric Seastrand (R-29) designed to promote greater interstate sales of California wine passed the Assembly Governmental Organization Committee and is now headed for its final Assembly Committee hearing.

AB 2723 would allow California wineries as well as individual citizens to ship up to two cases of wine per shipment to persons in any state that passes reciprocal legislation. Under current law, it is illegal for wineries to fill orders from out-of-state customers, submit wine samples to wine writers in other states, and technically, to enter out-of-state wine competitions. It is also against the law for individuals to send a gift of California wines to out-of-state friends or relatives.

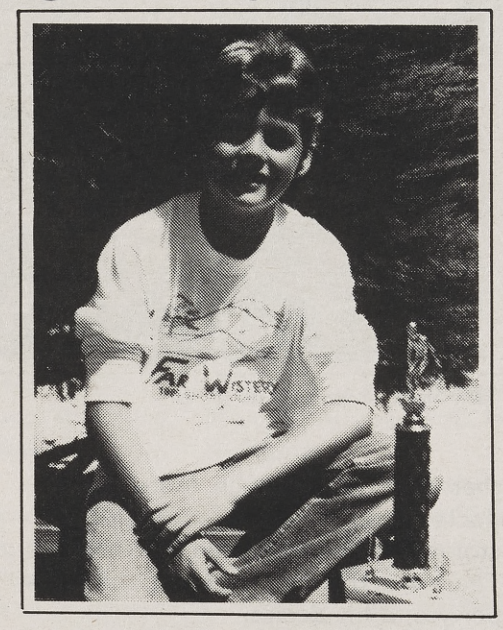
Seastrand noted that his legislation would benefit more than just retail sales on a one-to-one basis. With the cooperation of other states, it would allow California wines better access to markets where state regulatory schemes have traditionally acted as trade barriers. It could also provide direct distribution of many wineries that have had difficulty finding traditional wholesalers in other states willing to distribute their wines. Such direct selling could help meet the stiff foreign wine competition which, because of foreign government subsidies, has placed California wines at a distinct marketing disadvantage, Seastand continued.

Major proponents of this proposal include Sandy Obester of Obester Winery and wine columnist Jerry Mead. A subcommittee at the Wine Institute is also studying the idea.

A Swimming Victory

Tularcitos third grader, 9 year-old Kyle Nichols, swam to victory in seven individual events and participated in two winning relay events in the 10 and under division of the Salinas Long Course Open Meet at Hartnell College on Memorial Day weekend.

Swimming for The Barracuda Aquatics of the Monterey Peninsula, Kyle set five club records and was the high point trophy winner in his age group. The Barracuda Aquatics placed second in a field of 13 teams from the Central Coast and South Bay area.



Kyle's times, all first place, were: 200 Meter IM 3:05.38 Q Time; 100 Meter Breast 1:37.25 PRT Time; 50 Meter Free 32.64 PRT Time; 50 Meter Back 40.66 Q Time; 50 Meter Breast 44.49 PRT Time; 100 Meter Back 1:30.29 AA Time; and 100 Meter Free 1:13.87 Q Time.

Q Times are time standards used for selected championship and qualifying meets. PRTs (Pacific Reportable Time) are time standards used for compiling the top ten age group times for each season. The next time category is NAG, National Age Group Times.

Kyle will be training this summer for the Far Western Long Course Championships in July and the CVAL Finals in August. His goals in 1986 are to get a national ranking in his free style and breast stroke, and to be selected to the Western Zone All-star Team which will compete at the Air Force Academy in Colorado Springs later this summer. Kyle's second love is baseball and he is a member of the Carmel Valley Lions Little League baseball team.

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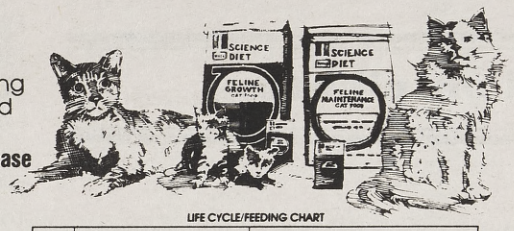

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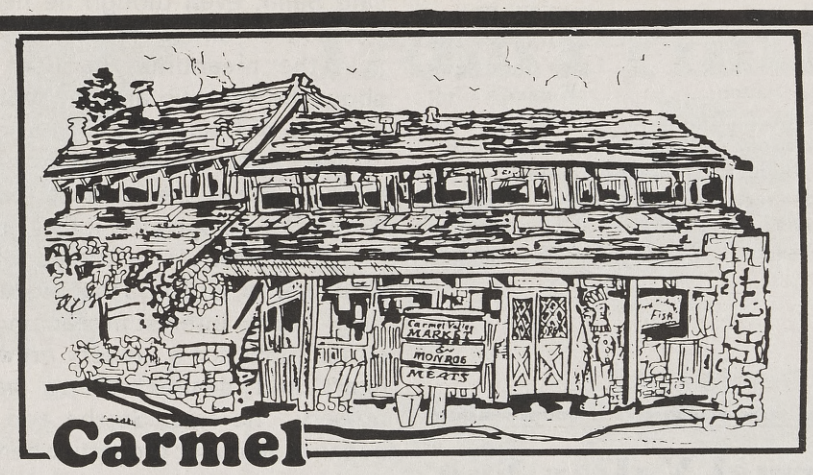

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Carmel Valley Sun

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The Cover

Slow dances, polkas, rock and roll, there was a little bit of everything at the Fireman's Ball.

Following His Dream

Salih Mehdy looks over his garden.

When Salih Mehdy was four years old the wonders of nature captured his heart. He cleared his own patch of earth, built a fence around it and planted seeds that he got from his mother. He watched as his sprouts pushed their way through the ground, totally enamored by their efforts. Through the experience he unknowingly planted another seed as well—the desire to own his own nursery. That was in Baghdad, Iraq a long time ago and a long way from the sprouts he watches over today in the Oleander Garden Shop which he opened in 1960.

The opportunity for his own nursery didn't come to Salih immediately. It was a dream that took many years to fulfill, many years after he came to the United States.

Originally, Salih came to the U.S. in 1939 as a student. He attended U.C. Berkeley and earned a Masters Degree in agriculture, specializing in plant pathology. That was also where he met his future bride, Alice.

After graduating, he returned to Baghdad. Alice joined him there a year later and they were wed. According to Salih, she adapted well and learned enough of the language to converse with friends and family and to go shopping. Salih was fulfilling his obligation to the government at the time and when that was done he decided to return to the U.S. for graduate studies.

After completing his studies, things didn't go well financially, he recalled, and he found himself pursuing various odd jobs. They lived in Placerville. That ended when he bumped into an old school chum who got him a job as a bank teller with Bank of America. "It was not in my bones to be a banker," said Salih, even though he held the position for almost three years.

In the meantime, he had heard about the Presidio and the Monterey Institute of International Studies and decided to check it out. He wound up taking a job at the Institute teaching Arabic. He enjoyed the job at first but things became too restricted for him. Also, there was always that old familiar "tug." As his interest in teaching waned his plans for a nursery grew. "My heart and desire was to have a nursery," he said. So, he and Alice began looking for property where they could live and have a commercial operation in the same place. Luckily they found it in a sleepy little village that didn't have much more than a doctor and two small town grocery stores. But he didn't need much more. There was the sun, the town, the property and his desire.

According to Salih when he found the location for his nursery on Pilot Road and Del Fino, there was very little there—a small house with a garage, another building (which is now the Summerhouse) and weeds and bushes. As soon as they could they turned the garage into a nursery store offering only the minimum—a few plants, fertilizer and general supplies. Little by little they made it grow.

Salih continued with the Institute until the nursery became known. Then he quit and dedicated his time to his dream.

While they watched their business grow they watched their two children grow as well. They were pre-school age

Continued page 11

Ruth Allair (left) and Priscilla Higuera (right) are the new owners of the Oleander Gardens.

Catholic Church To Hold Memorial Mass For Father Oronoz

A Memorial Mass for Father Juan Oronoz will be held on Sunday, June 22 at 6 p.m. at Our Lady of Mt. Carmel Church on El Caminito just off of Carmel Valley Road.

For the past twenty years, Father Oronoz held masses for the Spanish speaking residents of the Valley.

The services will be conducted by the Very Reverend Jerry McCormick of St. Francis Xavier in Seaside and the Reverend John McSweeney of Out Lady of Mt. Carmel.

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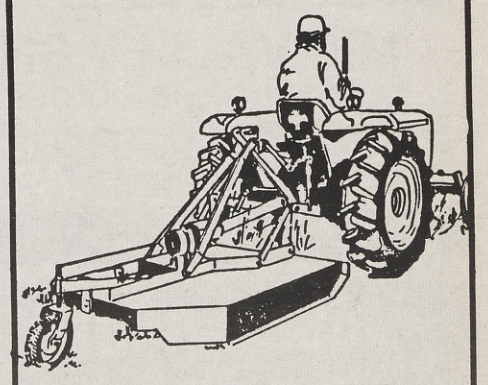

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L'il Reagan Wins

(Far Left) Labor Day Baby, Reagan-Tyler, nine month old son of Suzy and Jules Pollack, owners of Creative Balloons, Inc., won the primary trophy for "Best Dressed" in his naval attire in a competition sponsored by Universal Pageant Systems at the Doubletree Hotel in Monterey. Pictured in the De Anza Room with the winner is his mom, Suzy, as they accept his shining trophy together.

Fourth Of July Winner

(Left) Born on the Fourth of July, four year old Christina-Lauren, also the daughter of Jules and Suzy Pollack, was just crowned "Miss La Petite of Monterey County" 1986-87. She proudly receives her title by Universal Pageant Systems Judges at the Doubletree Hotel in Monterey. Seems to be a winning family.

Organizations Offer Toxic Cleanup Day

To make homes safer and to protect the environment several agencies are sponsoring a Toxic Disposal Day. Households can dispose of their toxic wastes on June 14 from 10 a.m. to 4 p.m. by taking them to the Sand City transfer station, 840 Tioga Ave. This event is for households only.

Items that should be considered for disposal are household cleaners, automotive items, paint items, garden materials, photographic chemicals and pool acids and chlorine. There will be a limit of 15 gallons or 50 pounds per car.

Items not accepted will be toxic materials from small businesses, radioactive materials like smoke detectors, water reactives, explosives, pyrophorics like old film, waste oil, latex paint or polychlorinated biphenyls.

The event is sponsored by the Monterey Peninsula Garbage and Refuse Disposal District, Fort Ord, local garbage companies and sanitary districts, and by the County of Monterey.

For more information call 384-5313.

Septic Application Proceedure Changes

New restrictions imposed by the Monterey County Board of Supervisors will make building on undeveloped lots in the Carmel Valley Master Plan Area more difficult.

The added restrictions were put into effect on May 13 when the Board adopted a resolution establishing new policies for issuing septic tank permits. The new policy calls for all undeveloped lots under one acre in the Plan Area or any size lot within the Village or Schulte Road subbasins to go through a special application and public hearing process.

"People are probably looking at an additional two months," said Environmental Health Department representative Roger Ponessa. The extra time allows for posting public notices, soils testing by a registered engineer (an additional cost of $1,500-$2,500) and a review hearing before the Director of Environmental Health. If objections are raised at the review hearing the application must then go through a public hearing. After that the permit will either be granted or denied.

There is no additional fee for the septic tank application process.

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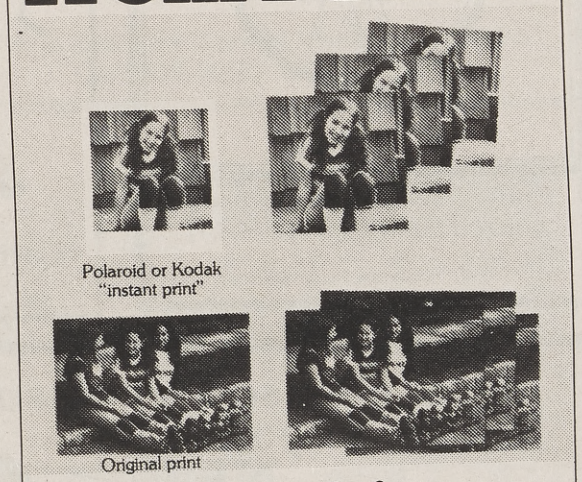

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Hidden Valley To Hold Dance Programs

Hidden Valley Dance Program, under the leadership of John Pasqualetti, will present two professional training opportunities for adults and youth this summer.

Dance Intensive, a four-week course in ballet and jazz for teens and adults, will be offered from 5 to 8 p.m. on week-nights, June 16 to July 12 at the Carmel Studio, Mission and Eighth Avenue, in Carmel. Adults will be permitted to pre-register for one or more nights per week if they cannot attend nightly. Mr. Pasqualetti will serve as instructor.

Pasqualetti will also teach ballet at Dance Fortnight, a two-week in-residence course, July 21 to August 2, at Hidden Valley, for boys and girls, aged eight to thirteen. Other Fortnight instructors include Susan Cable, jazz, and John Light, drama.

For details on Dance Intensive and Dance Fortnight, including fees and scholarship availability, contact Meryl Robertson, 659-3115.

Chapel Will Host Giant Flea Market

A "Giant Flea Market" sale will be held at the Carmel Valley Community Chapel, Saturday, June 21 from 9 a.m. to 1 p.m. The entire contents of the Chapel Thrift Shop will be on sale, in an open-air flea market, with discounts galore. Also included will be a food booth, bake sale, plant sale, balloons and clowns. A large selection of clothing, appliances and furniture will be available at a specially reduced rate, with bag-sale beginning at 1 p.m.

The Thrift Shop will be closed from June 8-27 for remodeling, and will have a "Grand Re-Opening" on Saturday, June 28 at 11 a.m. Donations for the Thrift Shop are gladly accepted, are tax deductible, and go to support the Community Chapel ministries.

The Community Chapel is located at Village Drive and paso Hondo Rd. in Carmel Valley Village. Call 659-3030 or 659-2278 weekday mornings, for more information.

Racing Returns To Laguna Seca

The Sports Car Racing Association of the Monterey Peninsula (SCRAMP) will present the annual Monterey Summer Sprints at Laguna Seca Raceway June 14 and 15.

The weekend will feature the West Coast Atlantic Racing (WCAR) Series, the VW Cup Championship Series and a full Sports Car Club of America Divisional championship sports car racing program.

This is the second year the Formula Atlantic cars have been the feature of the early summer weekend. The series, utilizing open-wheel, single-seat cars resembling Indianapolis 500 racers, has always been a training ground for young drivers on their way to racing's major leagues.

Saturday's schedule, which begins at 8:30 a.m., will be reserved for qualifying for starting positions in Sunday's all-main event show. The Atlantic cars will qualify at 3 p.m.

Warm-ups for all classes will get underway Sunday at 8:30 a.m. The first race group will take the green flag at 9:25 a.m. The VW Cup main event, a half-hour sprint, will start at 11:40 a.m. The two WCAR heat races will start at 1:10 and 3:20 p.m. and will last 25 minutes each.

The Saturday-Sunday combination ticket for the Summer Sprints is $15 and includes admission, paddock access and unreserved seating in the grandstand area along the start-finish straight. Sunday's admission, with the same privileges, is $12.

For more information call 373-1881

Horse Show Will Have Class For Local Riders Only

There will be a special class for local pleasure riders at the annual Carmel Valley Kiwanis Horse Show June 29.

Class 32 will be open only to Carmel Valley riders and will offer prizes through 5th place. Besides being a Valley resident the only other requirement is safe workable equipment.

Following the Local Class will be the ever popular Dollar Derby. Throughout the day there will be both English and Western classes with activities beginning at 7 a.m.

Admission is free to spectators. Proceeds from entrance fees and concessions benefit Valley youth programs.

The Horse Show will be held at the Carmel Valley Trail and Saddle Club on Garzas Rd.

It's Barbecue Time

Plans for the annual Steak Barbecue to be held July 4 at the Carmel Valley Little League Park are taking shape. Offered will be a steak or hamburger dinner, a raffle, and fun and games. Activities begin at 10 a.m. Don't forget to join in the fun. Proceeds benefit local youth.

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Cocktails & Lunch available at Poolside

Asteroid Named For Friends Of MIRA Member

The Friends of the Monterey Institute for Research in Astronomy (MIRA) now has two members who have been honored by having an asteroid named for them. "Bonestell" has become the official name for the asteriod formerly known as (3192)1979M K2. The new name was bestowed recently to honor Chesley Bonestell, Carmel's 98 year old dean of space art and long time member of the Friends of MIRA.

The asteroid was discovered by Eleanor Helin, a Jet Propulsion Laboratory planetary scientist, who gave the privilege of naming it to The Planetary Society in appreciation of the Society's support of her Asteroid Search Project. Planetary Society members chose Bonestell in a "name the asteroid" contest as a fitting tribute to the man whose magnificent visions of the science and beauty of space have inspired generations of astronomers, space engineers and art lovers.

One of those inspired by Bonestell's art was Carl Sagan, member of MIRA's Advisory Board and president of the Planetary Society, who writes "it is only fitting that we give back a world to Bonestell, who has given us so many."

The first member of the Friends of MIRA to be so honored was Dr. Bernard M. Oliver, after whom MIRA's observatory on Chews Ridge is named. Dr. Oliver, retired Vice President for Research and Development of the Hewlett-Packard Company, where he was an innovator in the field of electronics instrumentation, has also made major contributions towards the search for extra-terrestrial intelligence.

Asteroids are small rocky bodies most of which circle the sun in orbits between Mars and Jupiter in a region known as the asteroid belt. The privilege of naming an asteriod belongs to its discoverer, and the names generally reflect persons who have made significant contributions to the sciences.

The Friends of MIRA is a support group for the Monterey Institute for Research in Astronomy. Members are involved in a number of activities from astronomy lectures and star parties to School Outreach Programs, education, and fundraising.

In other news from MIRA, the organization was recently awarded a $25,000 grant from the David and Lucille Packard Foundation for the continuation of the Institute's School Outreach Program. The grant is intended to assist MIRA develop its elementary school education activities into a three-year sequence. They also recently received an Apple IIe computer system from the Community Affairs program of Apple Computer Inc. The system, valued at $4,185, is also for the School Outreach Program.

Meetings Calendar

Carmel Valley Community Youth Center Annual Meeting: 7:30 p.m. June 25 at the Activity House, 25 Ford Rd.

Carmel Unified School District: 7 p.m. June 17 at Carmel Middle School.

Carmel Valley Village Improvement Committee: 12 noon, June 11, Plaza Linda Restaurant.

Carmel Valley Property Owners Association: 7:30 p.m. June 11, St. Dunstan's Church.

Chamber Luncheon Speaker Will Discuss "Visitors"

The monthly luncheon meeting of the Carmel Valley Chamber of Commerce will be held Thursday, June 12 at 12 noon at the Carmel Valley Inn.

The featured speaker will be Joan Duren Pease, Executive Vice President of the Monterey Peninsula Chamber of Commerce. She will discuss "Visitors—What Do They Bring Us?"

Joan joined the Monterey Peninsula Chamber of Commerce in 1983 as the Communications Director after serving as a senior copywriter for Cambridge Plan International. She has travelled extensively through the South Pacific as a freelance writer. While living in Australia, she was editor of two national magazines and later a sub editor of *Woman's Day Magazine*. She serves on the Boards of the Monterey Film Festival, Big Sur International Marathon and Soroptimists International and as Secretary of the Monterey County Council of Chambers of Commerce. Her family has lived on the Monterey Peninsula since 1948. She graduated from Monterey High School and has a BA in Journalism from UC Berkeley.

Reservations are required. Lunch for members is $7, non-members $9.

For reservations call 659-4000.

New Directors To Be Voted On

The Carmel Valley Community Youth Center Board of Directors will hold their annual membership meeting Wednesday, June 25 at 7:30 p.m. in the Activity House, 25 Ford Road.

The main item on the agenda will be the election of directors for 1986-87. Nominees include Bob Heald, Mel Pritchard, Tony Glanville, Cathy Hershey, Bay Adams, Linda and Steve Baker, Lynn O'Campo, Mel Thau, Nancy Burnett, Lee Warner, Cathy Camp, Pat (John) Hannon, Lori Ducoing, Barbara Beck and Jim Corso. Nominations will also be accepted from the floor. Only current Youth Center members will be eligible to vote but the meeting is open to the public. New officers will also be elected.

The Youth Center Board of Directors are responsible for the operations and management of the grounds and facilities which includes two buildings, a swimming pool and park. They are also responsible for fund raising and planning events.

Continuing Board members are May Kitagawa, Mark Heath, Pam Anderson, Dan Saxton and Robin Boehlje.

For more information on the Youth Center call 659-3983, weekday mornings.

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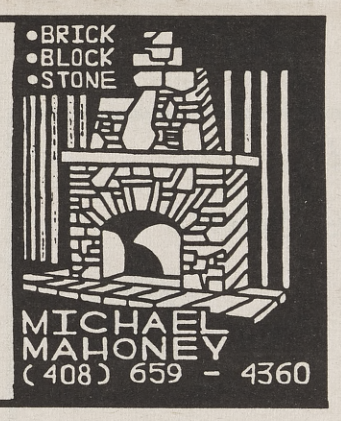

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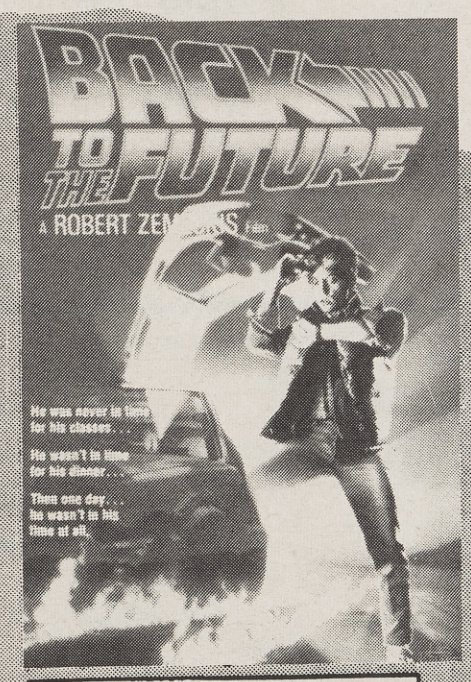
Spy Scandal of the Century
Black Moon Rising



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History Shows Changes In Eating Habits

What Americans eat has changed substantially over the years, but the more some things change, the more they reflect the past.

According to Robert G. Van Horn, M.D., president of Central Mission Trails Chapter of the American Heart Association, the past two decades have shown a return to some of the more healthy eating habits of our ancestors.

United States Department of Agriculture (USDA) statistics show that our consumption of beef, animal fat, eggs, and sugar has declined, while our consumption of fresh fruit, chicken and turkey, fish and vegetable fat has increased.

The changes in eating habits have in all probability played a role in the 30.7 percent decline in total heart disease mortality rates from 1972 to 1983, according to Dr. Van Horne.

"Many things have helped decrease deaths from heart disease. Diagnosing and treatment of heart disease has come a long way in the past two decades. And people are smoking less and getting their blood pressure checked. Overall, they are more informed about their health. That includes learning how cholesterol and other fats from the food we eat can increase one of the major risk factors of heart disease," he said.

But despite the decrease in mortality rates, cardiovascular diseases still account for almost half of the deaths in the United States, Dr. Van Horne said, and all Americans should modify their eating habits, as well as avoid smoking and control high blood pressure.

AHA recommends reducing the intake of high-fat meats, whole dairy products, egg yolks, and food prepared with animal fats. The diet should include more skinless poultry, fish, lean meat, fresh fruit and vegetables, grains and cereals, and low-fat dairy products.

In the early 1900s Americans consumed an average of 72 pounds of beef per person a year. That amount increased 63 percent by 1970, when meat consumption was up to 114 pounds per person. However, that figure has dropped in the past 13 years to 107 pounds per person.

While heart-healthy eating habits have improved during the past two decades, we are still behind the times compared to our counterparts in the 1920s. They ate 60 pounds more fruit than present Americans do, even though we have greater access to frozen and canned products.

Partially due to the refinement of artificial sweeteners, each American's yearly consumption of sugar has fallen to 71 pounds in 1983, only a little above the 1900 amount. However, throughout the 1950s and 1970s, Americans consumed around 100 pounds of sugar per year.

According to Dr. Van Horne, Americans can learn from both the good and bad eating habits of their ancestors.

"We've learned to replace some historic favorites, like whole milk and butter with some modern versions, like skim milk and margarine," he said. "We've also learned that simple, natural eating habits can help us stay healthy."

Chronic Pain To Be Discussed At Forum

"Treatment of Chronic Pain" is the subject of a health forum to be presented from 9 a.m. to noon Saturday, June 21 in the Main Conference Room at Community Hospital.

The free program will provide a background in contemporary pain management and focus on specific treatment strategies related to cancer, orthopedics, and psychological aspects of pain.

Orthopedist Dr. Edward Dalton will discuss chronic pain in orthopedics, endorphins and other natural painkillers. Clinical psychologist George McKechnie, Ph.D., will explain the various psychological approaches to pain management. And internist Dr. Jerome Rubin will talk about chronic pain and cancer, narcotic analgesics and anti-depressant drugs.

Each of the panelists will speak for 20 to 30 minutes, and a question and answer session will follow each segment. Coffee, tea and ice water will be provided. Seating is limited, so early arrival is recommended.

Call 625-4505 for more information.

Fashion Sunglass Frame Show To Be Held

Drs. Irving and Kim Hartford will hold a sunglass fashion frame show on June 14 from 1-5 p.m. at their office, 27875 Berwick Drive, Suite B. The public is invited.

Representatives from two of the top frame companies will present their entire sunglass collection. Discounts will be available for purchases made that day. Refreshments will be served.

For more information call 625-3911.

CHOMP To Offer Stress Class

Community Hospital will offer a five-week stress management class beginning Wednesday, June 11.

The classes will meet from 7 to 9 p.m. in classroom III at Community Hospital. Cost for the five-week session is $35.

To register, or for more information, contact Cardiac Wellness Coordinator Martha Kennifer at 625-4934.

Intervention Workshop Offered

A free workshop to explain how intervention can break the cycle of addiction and begin recovery is scheduled from 1 to 2:30 p.m. Tuesday, June 17 at the Community Hospital Recovery Center, 576 Hartnell St., Monterey.

In a professionally planned intervention, friends and loved ones confront the alcoholic or addict in a concerned manner to initiate recovery. Intervention is a free public service of the Recovery Center. Call 373-0924 for more information.

An invitation to our fashion sunglass frame show

WHEN: Saturday, June 14th, 1:00-5:00 p.m.

WHERE: Drs. Kim and Irving Hartford's office
27875 Berwick Drive, Suite B
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WHO: The entire family

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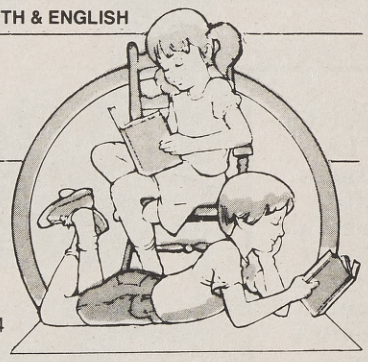

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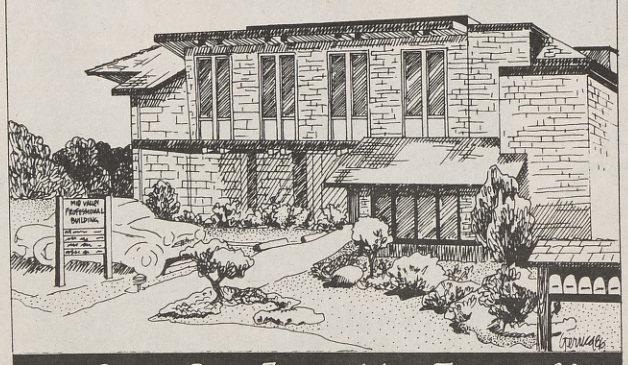

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GOING MY WAY

Travel Tips by Thom Gulliver
Courtesy of Carmel Travel

When the last ferry has left Provincetown for Boston on Labor Day afternoon, Cape Cod settles down to its most glorious time of year. Six weeks of blue skies, warm weather, endless stretches of deserted white sandy beaches and wind-swept dunes, an ocean heated by three months of sun and now just the right temperature for swimming—these are the rewards for the natives who have tolerated the hoards of summertime visitors to this playground for America's Northeast. And these are the rewards for the tourist who can blend in with these unhurried last days of summer, who came to rest and re-create his life. And to wait for the leaves to turn.

I'd suggest giving the natives a week to sweep up and catch up. Then I would fly to Boston and rent a car to drive down to the Cape. I'd have my travel agent book me into an inn near Falmouth or Hyannis for a couple of days, using the inn as a base to explore this part of the Cape from Woods Hole to Chatham. One day I would take the ferry over to Martha's Vineyard, another day fly to Nantucket where the 300 year old Colonial atmosphere still persists, and where you can see the relics of the whaling era.

(If you can arrive in Boston by September 4th—the last departure of the season—you can take a seven day Tauck Tour on the motor yacht *Newport Clipper* to Martha's Vineyard and Nantucket, plus a cruise to Block Island and to Newport, the yachting center of America, before returning to Boston.)

Whether you did the lower Cape by land or by sea, it's now time to see Provincetown, a unique blend of a Portugese fishing village and an artists' colony. You'll enjoy walking through the town browsing in the galleries and curiosity shops, and if antiques are your thing, you'll be right at home. Try exploring the local dunes on foot or in a dune-buggy. Also, the Cape Cod National Seashore, run by the Park Service, is close by, and well worth visiting.

Now that you've had an overview of the Cape, you may want to rent a cottage, sit in a rocker and wait for the leaves to turn color. It's also fun to go down to the local pound, pick out a lobster and bring it home to cook—or get yourself invited to a clam bake. Or buy some of the tiny bay scallops and saute them in butter—or go out to eat in some of the world's finest seafood restaurants; just be sure you start your meal with a bucket of steamed little neck clams and some real New England clam chowder.

The New England autumn foilage usually is at its most brilliant during the last week in September and the first week of October. And knowledgeable "leaf peekers", as the natives will call you, turn to the hills of New Hampshire and Vermont. And while you can drive yourself, most people prefer a guided tour.

Tauck Tours, for example, offer an 8-day tour out of Boston, and 7-day and 11-day tours from New York. These are all expense tours, including meals, and cost from $800 to $1,300. Maupintour offers similarly priced packages, including a new one this year which combines foilage with the opportunity to stay at some of the old New England Inns. The routes are similar, and usually include Gloucester; Portsmouth; Portland and Bethel, Main; North Conway, Bretton Woods, and Franconia Notch, New Hampshire; Stowe and Middlebury, Vermont; and Lake Placid and Ticonderoga, New York.

If you haven't seen this spectacular of nature, try it; but there is a danger. Many become addicted and feel a compulsion to return year after year. So don't wait too long. Now is the time to book your reservations—summer is just a few days away.

Crosswords PLUS

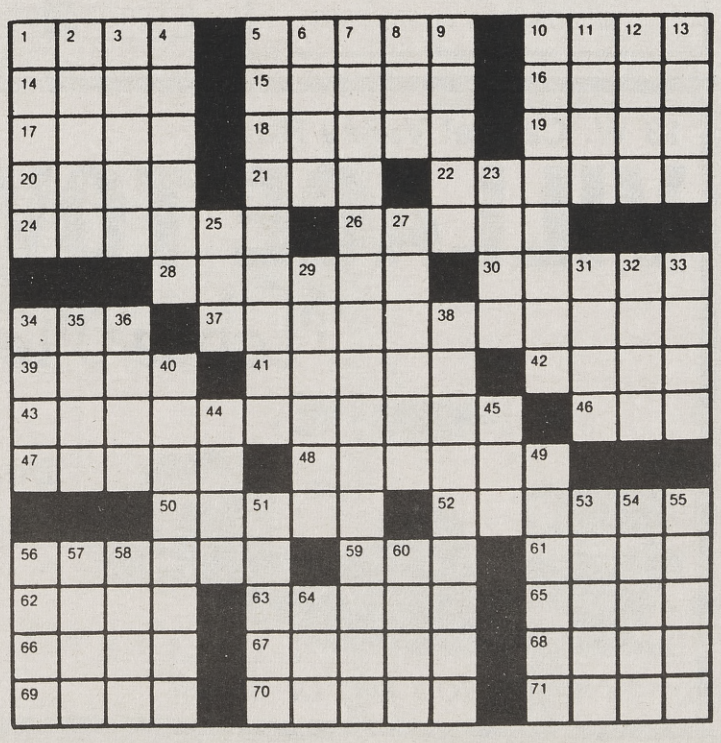
Woodwork, by Henry Hook

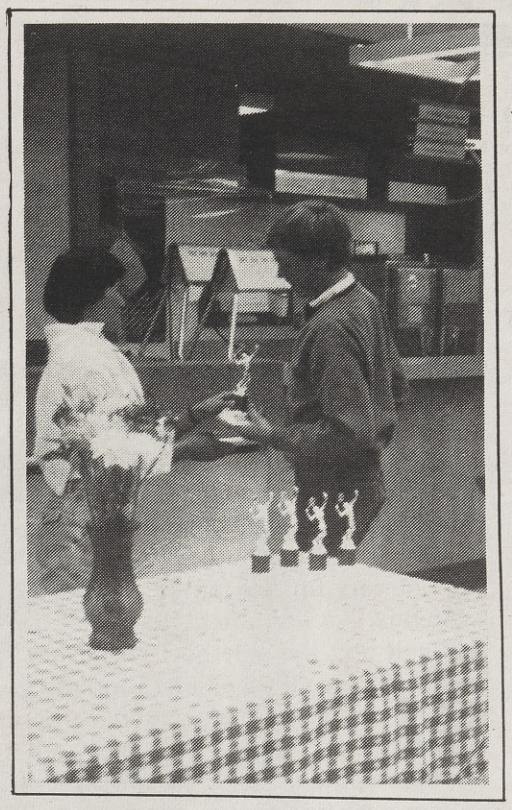
ACROSS

1 Roue
5 Assure
10 Historic AL player Larry
14 Acapulco eight
15 Singer Lopez
16 Opinion
17 Pavement piece
18 Successful
19 Enjoy the tub
20 Pull down
21 Sapporo stage show
22 Cretan flier
24 Vaudeville role
26 Courtroom protocol
28 Hikes the auction price
30 Mohawk River city
34 With 41 Across, boiled meat dish
37 Woody Allen book
39 During
41 See 34 Across
42 Split
43 Woody Allen book
46 Hog house
47 Phonograph needles
48 Spenser's *The* _____ *Queene*
50 Apprehension
52 Attack verbally
56 Solver's desire
59 Haw leader
61 Kimono accessory
62 Dreyfus' defender
63 Lindbergh's view
65 Utah park
66 CB signoff
67 The pits
68 Come through the cracks
69 _____ mecum (handbook)
70 Beezers
71 Body study: Abbr.

DOWN

1 Falls short
2 Brilliance
3 Cugat's ex
4 What wallflowers don't do
5 Living in silence
6 Cubemaster Rubik
7 Woody Allen book
8 Numero of note
9 Larklike songbird
10 Cataclysm
11 Bloodhound's find
12 Gentleman caller
13 Won't shut up
23 Drink the whole bottle
25 Jazz job
27 Individually
29 Slam-dunks
31 Lithographer James M.
32 Grand fraction?
33 Hardy boy
34 *Family Feud* option
35 Fail to discuss
36 Antimacassar
38 Health food stuff
40 G.W.'s hurdle
44 _____ *Kleine Nachtmusik*
45 Actor Alistair
49 Parasitic creatures
51 Out of diapers
53 Shop steward's charge
54 Legendary Brown placekicker
55 Song for three trios
56 Don port
57 Temporary superstar
58 *Citizen Kane* prop
60 Sybarite's delight
64 Amorous talk





Tennis And Golf Players Honored

The Carmel Middle School honored its tennis and golf players at a sports award banquet held on May 14. Awards were presented for:

TENNIS:

Boys: Most Valuable Player, Will Stott; Most Improved, Sandy Owings; and Most Inspirational, Mike Zury. The Sportsmanship Award went to Blake Jackson. Team captians were Abe Stallcup and Benno Weiner. Other players were Steve Beals, Braulio DeAnda, Seth Hankison, Daniel Luster, Chris Prieto, Rick Prieto, Alex Spencer, Robbie Takigawa, Andrew Wilson, and Brody Womer. **Girls:** *Most Valuable Player, Emily Rubin; Most Improved, Margaret Snow; and Most Inspirational, Alyssa Dunn. Team captains were Erin Russian and Annabelle Webb. Other players were Kathryn Ask, Lisa Desimone, Tiffany Falahati, Erica Murray, and Stefi Schatz. Coaches were Gigi Galang and Nick Spencer. Team mother, Carol Spencer deserves recognition for providing refreshments and transportation for the team.*

GOLF:

Most Valuable Player, Bryan Langley; Most Improved, David Elsberry; and Most Inspirational, Jason Crist; Other players were Scott Allan, Matt Bays, Mario Cunha, Grant Heinrich, Chris Morgan, Jon Shoemaker, David Skogerson, Tony Spagna, Christina Stewart, Josh Stratton, and Jason Vogelpohl. Dick Zury served as coach.

Sheriff's Dept. To Offer Firearms Safety Class

Sheriff Bud Cook announced that the Sheriff's Department intends to teach a Home Firearms Safety Class, "if enough citizens are interested."

The class will be taught by qualified Sheriff's Department personnel during the month of July. It will cover the safe handling of handguns and laws pertaining to firearm use and posession. Participants must be over eighteen, possess their own handgun and have a minimum of fifty rounds of ammunition. All weapons will be inspected before class.

The class will be held at the Laguna Seca Range, off Highway 68 on a Saturday (9 a.m. to 5 p.m.). Attendance is limited to twenty participants. The Sheriff reserves the right to restrict any participant.

For more information or registration call Lieutenant Lewtschuk, 424-0459 or 372-2374 (est. 328/329).

Master Plan To Be Reviewed At Town Hall Meeting

Fifth District Supervisor Karin Strasser Kauffman has announced that she will conduct a Townhall meeting in Carmel Valley to discuss the progress on a new Carmel Valley Master Plan. The meeting is scheduled for Monday, June 16, from 7:30 to 9 p.m. at the Carmel Valley Community Youth Center on Ford Road.

Accompanying Supervisor Strasser Kauffman will be members of the Monterey County Planning staff. "I want to make certain that Valley residents have ample opportunity for questions," said Supervisor Strasser Kauffman about the draft of the Subsequent Environmental Impact Report.

The public has a total of 45 days to review and comment on the draft document. Copies, for inspection but not for distribution are available at the Library or at the Planning Commission office. Final comments on the plan must be made to the Planning Staff in writing before July 10, 1986.

Members For Cachagua Advisory Committee Needed

Cachagua area residents are being sought to work with the Planning Department in formulating the upcoming Cachagua Area Plan. This newly appointed citizens Advisory Committee will begin work in July and will meet in regular sessions over the next 6-12 months.

The Cachagua Citizens Advisory Committee (CCAC) will advise the County Planning Department in its preparation of the Cachagua Area Plan, one of eight detailed planning areas within the Monterey County General Plan.

"This Advisory Committee is crucial to the formulation of the Plan," Fifth District Supervisor Karin Strasser Kauffman said. "The Cachagua area is among the County's most pastoral and beautiful, an area worthy of the most careful planning we can accomplish."

Cachagua area residents interested in serving on the CCAC are urged to conact Supervisor Strasser Kauffman by mail at 1200 Aguajito Rd., Monterey, or call 649-6515.

Big Sur

Molera Trail Rides

Continental Ride 9 a.m.-Noon
Redwood Ride 1-4 p.m.
Sundowns 5 p.m.-after sunset

Scenic, guided horseback tours along the Big Sur Coast.

30 minutes south of Carmel on Highway 1, at Andrew Molera State Park

625-8664

THOUGHTS by Illia Thompson

Thought For Food

Whenever my mother prepared the family's evening meal during my childhood, she never showed any uncertainty. Traditional dishes as well as new ventures, primarily from the *Joy of Cooking* or from the food section of *the New York Times*, these are mealtime memories. Aside from words of appreciation, food was not usually discussed.

When I became a homemaker, I prepared mother's recipes. My *Joy of Cooking* shows signs of wear, light blue cover tenuously in place. Paprika stains the page describing Hungarian goulash; chocolate colors the recipe detailing brownies. No matter how often I try, I am unable to reproduce the flavor of mother's soupmeat.

Today, with an abundance of guidance, some contradictory, it's a wonder that people can maintain a sense of balance when preparing their meals. Not only am I told what's bad for me, with constant new additions to that long list, I'm not given a clear solution. Dairy or not? Protein, yes; meat, maybe. Fruits and vegetables, yes, but at which time of the day and in which combinations? No sugar; honey, don't know? Bombarded with information, I feel less informed.

I've tried to follow suggestions for proper nutrition, meal balance, caloric intake, and cooking hints. *Prevention* magazine through *Woman's Day* have graced my coffee table. Guided monthly menus, tried for several days, met with the least complimentary comments ("That's interesting.") from my not very finicky family.

So now I've simplified. Heavy use of the wok and the steamer. Yet, every now and then, I'll sneak in a paprikaed stew, a chocolate concoction or attempt a beef brisket. Fortunately, all are appreciated.

Someone once said, "It's not what we eat, but the attitude with which we prepare and eat food." If that's the case, there is no problem. As I try to receive clarity, this quote helps me to get on with cooking, which I do truly enjoy, most of the time.

New Mid-Valley Fire Chief Appointed

The new Fire Chief for the Mid Carmel Valley Fire Department was announced at the May 21 meeting of the Board of Directors. Heading the Fire Department will be Gary Carmichael from San Clemente.

According to Anne McGowan, president of the Board, both candidates being considered for the position had excellent qualifications. Carmichael was chosen for his past experience in working with volunteer firefighters. He will assume his duties on June 16.

Carmichael, 49, is married and has two adult daughters. He has been a member of the San Clemente Fire Department since 1971 where he served as Batallion chief and fire marshall.

Sheriff's Log

May 22-June 4

May 22: Possible arson, behind Latitude 36; Theft, Albertson's, potted flower taken, returned later; Reckless driving, white male adult in white van; Drunk driver, arrested; Theft, Carmel Country Spa, car cover taken. **May 23:** Disturbing the peace, Mid Valley Shopping Center, white male adult harrassing customers; Burglary, River Place, no item listed. **May 24:** Vandalism, Woodside Estates, high pressure hose turned on new construction; High speed chase, Southbank to Tassajara Rd., driver cited; Suspicious circumstances, woman reported that she thought someone touched her while sleeping. **May 25:** Vandalism, Mira Monte, mailbox damaged, struck by vehicle. **May 26:** Lost wallet, Mid Valley Shopping Center; Theft, Valley Greens Circle, auto taken to Las Vegas; White male adult exposed himself, Baksin Robins; Tresspassing, Flight Rd. **May 27:** Suspicious circumstances; male in camper at school bus stop in front of Tularcitos, driver contacted, said he was waiting for children of a friend; Lost gold bracelet, Carmel Valley Racquet Club; Theft, Hacienda Carmel, painting taken from game room; Alarm activated, La Rancheria, door left open. **May 28:** Assault, Southbank, two subjects entered house and assaulted man and girlfriend. **May 29:** Suicide attempt, Blue Sky Lodge, transported to Garden Pavillion; Theft, Kingdom Come Bookstore, fuschia taken. **May 31:** Vandalism, Via Las Encinas, mailbox damaged, area checks at night requested. **June 1:** Logans Farm reported seeing people driving golf carts on property, 4 golf carts stolen from Quail Lodge were found, suspects gone on arrival; Burglary, CHS girls locker room broken into. **June 2:** Fight, CHS, juvenile cited; School bus driver reported having problems with 10 juveniles, objects have also been thrown at bus at school stops; Robbery, Hatton Road, jewelry, American Express travelers checks and other papers taken, value $25,000.

Other calls included: dornestic disputes, loud parties, annoying phone calls, obscene phone calls, intoxicated man picked up, husband acting strange, restraining order violated.

Fire/Ambulance Log

Carmel Valley Village

May 26 Illegal Burn, Laguna Robles; Smoke removal, Country Club Dr.; Motorcycle Accident, 1 mile east of Village on CV Rd, Transport to CHOMP (TC). **May 28:** Smoke complaint, C.V. Rd.; ME, 53 E. CV Rd., TC. **May 29:** Service call, abandoned auto, C.V. Airport; ME, 14 Ford Rd., TC. **May 30:** ME, 14 Ford Rd., TC; Grassfire, 340 W. C.V. Rd. **June 2:** ME, 14 Ford Rd., TC. **June 3:** ME, 14 Ford Rd.

Mid Carmel Valley

May 22: Electrical fire, Mid Valley Cinema, confined to light fixture. **May 25:** Smoke investigation, C.V. Rd., controlled burn; ME, C.V. Golf and Country Club, NT. **May 28:** Accident, C.V. Rd. between Eddy Rd. and Robinson Canyon, TC; Gas Leak, C.V. Rd., stood by for PG&E. **May 29:** ME, C.V. Golf and Country Club, NT. **May 31:** ME, C.V. Manor, TC. **June 1:** Public assist, Mid Valley Fire Station; Vehicle accident, C.V. Rd. and Valley Greens Dr., NT; ME, C.V. Manor, TC.

C.A.M.P. To Return

For the fourth year, Monterey County Sheriff's Department will have the assistance from Campaign Against Marijuana Planting (CAMP) in our marijuana eradication efforts, according to Sheriff Bud Cook.

Last year, Sheriff's deputies, joined by the regional CAMP strike team, rid Monterey County of 3,567 marijuana plants weighing 3,843 poinds. During the season, 63 seizures were made, and 25 search warrants were served. There were 14 on site arrests made, and 20 arrest warrants issued.

During the past five years, 61,649 marijuana plants, weighing over 51 tons have been harvested in 420 seizures, Cook said.

Because of Monterey County's long-term marijuana eradication efforts, the State of California considers this county on a maintenance level. We have had no reported incidents of assault or homicide in over three years. "This, plus the fact that no large gardens have been found, gives us a very positive attitude regarding our eradication efforts," the Sheriff stated. We feel that the steady decline of the number of plants and weights over the past years demonstrates the positive effect of marijuana eradication.

This year, 37 counties are participating in CAMP. A typical CAMP team is ten to 15 members drawn from local, state, and federal agencies.

Last year's 12-week strike period cost approximately $2.6 million dollars, most of which was covered by state or federal funding. This year's operation is expected to cost approximately $3.6 million dollars.

- CARMEL -

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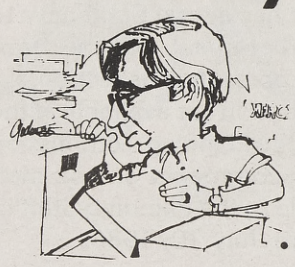

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Oleander Gardens **(continued from page 4)**

when they first moved to the Village and according to Salih there wasn't a better place they could have raised them. "It's such a healthy environment," he said, an environment he created.

There is a uniqueness about the Oleander Garden Shop. It stems from Salih's "feeling" for plants. A tree isn't just a tree, it's "a ballet dancer" with a "beautiful figure" that "dances" in the wind. Over the years Salih has added the special touches that have given the nursery its personality. Out in front stands the strong, sturdy oak that he planted from a "fat juicy acorn," and there is the memorial Cedar of Lebanon that Salih planted in tribute to John F. Kennedy.

One section of the nursery has a special feature. Salih planted it to show the "character" of plants which he says can't be seen when they sit in a gallon can. Half of the section displays native California plants, the other half is a collection of Middle East plants. It's also a place to stroll through and enjoy, he said.

Encouraging customers to roam was always a goal of Salih's. "When you go around the nursery you'll find a lot of things not for sale," he said. "They are there for people to enjoy." I think everyone would agree with him when he says "it's not like any other nursery." Especially since there's never been any hard sell.

Salih can go back to watching things grow now because he recently retired and sold the nursery. He has mixed emotions about his retirement. On one hand he's happy because he's free of the responsibility. And on the other hand, it's hard give up a dream. Especially since it took so long to achieve it.

He's comfortable with the fact that the nursery is in good hands. The new owners are Ruth Allaire and Priscilla Higuera. "They are fine people," he said. "They are really working very hard. I call it working like a beaver."

Neither Ruth or Priscilla plan to make any major changes. However, there have been a few. They dropped the "Shop" and just call it Oleander Gardens and hours have changed. They are now open Tuesday through Sunday from 9 a.m. to 5 p.m. and are closed on Mondays. Other than that, said Ruth, things will remain pretty much the same. "It's still a place to stroll and meditate on your garden needs, or just to stroll," she said.

The Mehdy's aren't disappearing either. Alice remains as a landscape consultant specializing in drought resistant plants and Salih still lives on the property and will continue to roam about his beloved gardens.

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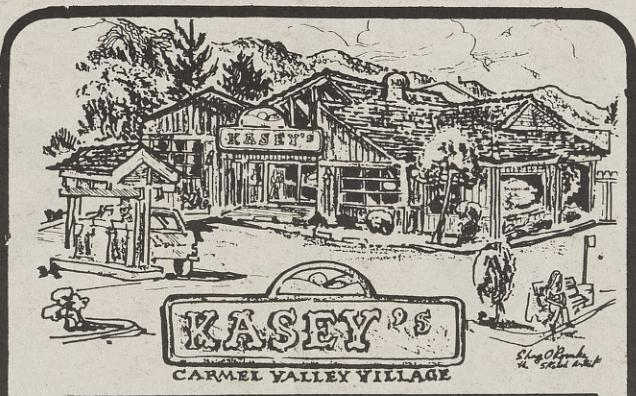

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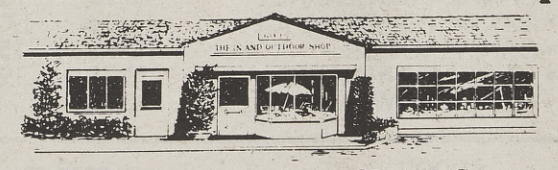
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VALLEY VOICES

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Mike Allard

"I'm going to Arizona to concentrate on baseball and get away for a year or two. But of course I'm coming back."

Frank Dice

"I'm going to the University of Oregon and play it by ear the rest of the way. I'll be majoring in political science."

Alisa Hawkins

"I'm going to UC Santa Barbara. I'll probably major in psychology. I want to come back here later because I want to live here."

Tim Spaulding

"I'm going to the University of Arizona, majoring in business. And I'm just going to go down there to party."

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